

A Few Ways to be a Successful 9th Grader:

- Get **acquainted with your school counselor** and don't be afraid to ask him/her anything.
- **Join something.** Join a club, activity or sport. Do something you know you like to do, or try something new! This will help you find friends who share your interests.
- Don't change yourself to fit in. **Be yourself** and you will eventually find students who have things in common with you.
- **Be prepared** for situations that might happen. Think about what you will do or say if someone offers you a cigarette, alcohol or drugs.
- **Stay connected** to your parent(s). They may seem old fashioned, out of touch and not cool, but they've already been where you are. Most important—they care about you!
- Expect that you will have to **work hard**. Nothing worthwhile comes easy.
- Keep yourself **balanced**. You need to have time for fun and time for work.
- If you run into a problem, **talk to your counselor**. Your friends may not always give you the best advice.