

# ERHS Student/Parent Weekly Update

October 2 - October 9

*Please check out East Ridge High School's web page for updates school announcement information at <http://erhs.sowashco.org>*

[District Calendar 2020-2021](#)

[Calendar A/B Days](#)

## **New Information:**

### **Past Communication Saved On ERHS Website**

In an effort to reduce the amount of communication in our weekly newsletter, we are archiving old newsletters. All of our weekly communications will be available on our ERHS Website on our "[Latest News](#)" page and on Schoology.

### **9th Grade Students from LMS - Yearbook Pick Up**

Lake Middle School has received the 2019-2020 yearbooks. ERHS Freshmen from Lake can stop by the main office to pick it up if they have not already received it.

### **Parents/Guardians of Seniors - Important Information**

The counseling department sent out a separate email communication to the parents/guardians of seniors today. Please check your email for that message. The information shared was about planning for life beyond high school, financial aid, and graduation.

## **Counseling Corner:**

### **"Pay Less for College"**

This free workshop is designed to help parents find ways to work within the financial system to find more efficient ways to pay for a college education.

If you are interested, East Ridge is hosting a virtual event October 8, 2020 from 6-7:30 pm. Please sign up [here](#).

### **Online Practice ACT - Announcement for Juniors Only**

Here is your opportunity to take a free online practice ACT test from The Princeton Review, and receive your score right after the test. Students are encouraged to take this test on October 14th and will need to take it at home. Please view the Online Practice ACT Info PowerPoint prior to October 14th to learn about the what/ why/ when/ and how you can take the online practice ACT

test:

[https://docs.google.com/presentation/d/1IgbRtwvTqFFT5Q\\_59YGihH3nR6io9Z72bFqzaSbJo/edit#slide=id.p](https://docs.google.com/presentation/d/1IgbRtwvTqFFT5Q_59YGihH3nR6io9Z72bFqzaSbJo/edit#slide=id.p)

The PPT can also be found in Schoology/ Class of 2022 folder/ October 14, 2020 folder/ Online Practice ACT folder.

## **ERHS Activities/Athletics:**

### **Minnesota State High School League Approves Winter Sports, Finalize Fall Postseason**

On Thursday, Oct. 1, the Minnesota State High School League (MSHSL) Board of Directors made several decisions regarding fall sports postseason and the regular season for winter sports.

MSHSL decided there will be no state tournament for fall sports this year and the season will conclude with the section championships.

As for winter sports, the MSHSL Board of Directors decided they will proceed with the regular season, but with a 30% reduction in contests and a maximum of two contests per week.

A decision on how the postseason for winter sports will proceed was not made at the Oct. 1 meeting. Direction from MSHSL could come during their next scheduled meeting on Dec. 3.

Under the current COVID-19 guidelines for youth sports set by the Minnesota Department of Health (MDH), ***no spectators will be allowed at indoor events in school facilities. A maximum of 250 fans will be allowed at outdoor facilities.***

Below are the dates of when each winter sport will begin its season:

- Nov. 9: Dance, 15-week season, 11 contests
- Nov. 23: Boys Basketball, 17-week season, 18 contests
- Nov. 23: Boys Hockey, 16-week season, 18 contests
- Nov. 30: Adapted floor hockey, 16-week season, 18 contests
- Nov. 30: Girls Hockey, 14-week season, 18 contests
- Nov. 30: Boys Swimming and Diving, 13-week season, 11 contests
- Nov. 30: Wrestling, 14-week season, 16 contests
- Nov. 30: Nordic and Alpine Skiing, 14-week season, 11 contests
- Dec. 7: Girls Gymnastics, 14-week season, 11 contests
- Dec. 7: Girls Basketball, 17-week season, 18 contests

## Spectator Expectations

### Football

The Minnesota Department of Health (MDH) has established guidelines that limit attendance to 250 spectators in the outdoor stadium for football. All South Washington County Schools will not sell general admission tickets to football games this year.

- Varsity level players on the roster will be issued two 2 tickets for their family.
- The ticket holders must sit together. You may not move around and a student section will not be allowed.
- Children under the age of 18 must be accompanied by an adult at all times.
- Face coverings will be required when entering and exiting the stadium. They may be removed once seated.
- Parents will not be allowed to drop off their elementary or middle school students to watch the game.
- Concessions will not be provided.
- Gathering outside the stadium, in the parking lot, outside the fencing or other areas of school district property in order to view the game from afar will not be allowed.

### Volleyball

- Based on MDH recommendations, spectators will not be allowed for indoor events and matches.
- Only team members and essential game staff (workers) will be the only people allowed in the gyms.

Our school is working to provide live-streamed video for matches and games for fans who are not able to attend based on these restrictions. [Prep Spotlight TV](#) will be our main streaming partner. Individual games cost \$5.99 and a season pass for all sports, games and events \$59.99.

## Football and Volleyball Approved to Return to Play

The MSHSL approved on Monday, September 21 to return Football and Volleyball to the Fall season. There are many specific guidelines and protocols that will need to be followed to be compliant with the MDH and District COVID guidelines. Here is updated information from MSHSL: Please realize that the season will look different and we are so excited that the athletes are getting the opportunity to play!

All athletes must be registered to participate in any sports activities. All information for registration can be found on the [ERHS activities website](#).

[Football](#)

[Volleyball](#)

## **EXTENDED - Student Council Will be Hosting a Toiletry Drive Through Oct. 9**

ERHS families, we need your help... our student council will be hosting a toiletry drive to support the YWCA in Minneapolis. This will help to create a sense of community and good-doing in our school while helping out a local charity. Please help by sending into school any of the items listed below.

### **Home Supplies:**

Toilet paper

Paper towels

Facial tissue

Dish soap

Cleaning spray

Sponge/scrubber

Laundry detergent

Bottled Water

### **Personal Hygiene:**

Feminine hygiene pads(light, medium, heavy)

Shampoo (full size)

Conditioner (full size)

Toothbrushes

Body wash/soap (full size)

Deodorant

Hand sanitizer

Liquid hand soap

Razors

### **Baby Supplies:**

Baby wipes

Diapers (sizes 3, 4, 5, 6)

Pull-ups (all sizes)

### **Adult Diapers:**

Men's (small, medium, large, XL)

Women's (small, medium, large)

## Sports Updates & Schedules

Visit [www.suburbaneast.org](http://www.suburbaneast.org)

Information regarding activities/athletics can be found on the East Ridge High School Activities website: <http://www.erhsactivities.com/>

### This Week's Calendar:

**October 2** - Flex Friday

**October 5** - Group A In Person

**October 6** - ACT For Seniors! Distance Learning for all other students.

**October 7** - Group A In Person

**October 8** - Group B In Person

**October 9** - Flex Friday

### Looking Ahead:

**October 12-13** - Final Assessment for Term 1.1 Classes

**October 14** - [Fall Testing Day](#)

**October 15-16** - No School, MEA Break

**October 19** - Term 1.2 Begins

-Group A In Person

**October 20** - Group B In Person

**October 21**- Group A In Person, Picture Day!

**October 22** - Group B In Person, Picture Day!

**October 23**- Flex Friday